



Compression Socks are easy to wear.

Compression therapy provides you with the necessary support to maintain and enhance your lifestyle

Whether it's being engaged in daily activities or spending time doing the things you really love, like traveling, being outdoors or participating in your favourite hobbies, you can continue to engage in daily activities while receiving the therapeutic benefits of compression.

How Compression Therapy Stockings Work

Compression stockings are designed to provide support to the legs and veins, assist with circulation, and minimize swelling. The compression is graduated, with the strongest support starting at the ankles and gradually decreasing towards the top of the garment. This gradual support works in conjunction with the pumping action of the calf muscles, which also assist with circulation.

A common myth is that compression stockings will cut off circulation. When fitted and worn properly, compression stockings help with your circulation, not reduce or restrict it. Compression garments are categorized by classes. These classes consist of compression ranges, which are measured in mmHg--- meaning millimetres of mercury, the universal form of measurement used for this type of garment. There are designated medical indications for each compression class.

Will I Feel Comfortable Wearing Compression Therapy Garments In Public?

Today's compression stockings are very fashionable – most of them look just like regular hosiery or dress socks. No one will know the difference! We offer garments in various styles and colors.

Are Compression Therapy Garments Comfortable?

Compression stockings compliment your legs naturally and beautifully. In fact new technology adds softness and comfort, leaving your legs feeling energized all day long!

How Should I Wear My Compression Stockings?

In general, graduated compression stockings should only be worn during the day while you are upright and mobile, and should be taken off and washed at night. Consult your primary care provider for specific instructions.

If you need to wear your garment every day, you may want to consider purchasing a second pair so you will always have one pair to wear while the other is being washed.

Are these covered under my health care plan?

Many health plans do cover the cost of compression garments when prescribed by your doctor. Check your plan and speak to your doctor to find out if compression socks are right for you.

Why get compression socks at Kinetic Konnection?

Our certified fitters will ensure you are fitted and educated properly. Understanding what compression socks do, how to put them on and care for them is just as important as being fitted correctly. Our staff understands that wearing compression socks is new for most people. We take the time to make sure you are comfortable with your decision to take better care of your legs.

RESOURCES

If you have a question or comment please feel free to post it in the discussion forum on our website. For a more in-depth – scientific explanation of how compression socks work click here. To learn more about the products we carry visit these websites www.sigvaris.com and www.juzousa.com